



**Retire
Active
SA**



Bushwalkers Group

About the group

What better way to keep fit, healthy and socially connected than by walking? If you love to get out in the fresh air and explore Adelaide, then we have the group for you!

The Bushwalkers is the largest Retire Active SA group with around 480 members. Each month, the Bushwalkers organise over 20-day walks in and around Adelaide. From gentle 2–3-hour strolls to challenging 5-6-hour hikes, the Bushwalkers cater for a range of fitness levels and grades of difficulty. We encourage anyone to walk, and we have members ranging from their 50s to their 80s.

The Bushwalkers also organise several camps each year within Australia. These provide 5 to 6 walks over a week at one or more grades, plus several social activities. In addition, in any year we have a group walking the long-distance Heysen Trail end-to-end. So, if you're ready to inspire confidence in life's possibilities, join the Bushwalkers today.

Group details

Our walks are graded providing members with the best fit for their walking capabilities. The most advanced are A walks which feature tough terrain and steep gradients, right through to D walks which may only include slight gradients.

To learn more about when walks take place, please [click here](#).

Interested in joining the group?

To Join the Bushwalkers, a small annual membership fee is required after joining Retire Active SA. Learn more about [membership here](#).

For further information, please email admin@arpabushwalkers.org.au or contact a [Walk Coordinator](#) depending on your level of walking experience and fitness. We encourage all new participants to start with a grade C or D walk.