



**Retire
Active
SA**

Tuesday Coffee Walkers

About the group

For those who like to walk but prefer a shorter walk than Bushwalkers currently offer.

The formation and walk planning has been driven by long-time Bushwalker Colleen Ingram, who recognised that a number of members wanted a walk that was shorter than any of those offered by the Bushwalking Group.

Many people are able to walk for an hour or so (especially if there are café refreshments at the end), but a 2 to 3 hour walk is beyond them. Coffee Walkers will take participants to interesting places in a supportive and friendly group.

Interested in joining the group?

Please contact Colleen Ingram on 0435 267 498, colleen.ingram77@gmail.com or the Retire Active SA office on (08) 8211 9711 for more information or to get involved!

www.retireactivesa.com.au