



# Group Information Sheet

Your retirement is a time of new possibilities. Retire Active SA inspires you to lead a healthy retirement - one that encourages active participation in life. With a wide range of activity groups available, you have the opportunity to nurture your interests, learn new things, create meaningful connections and lead a lifestyle of health and wellbeing. Ready to design your perfect retirement?

## Activity groups

Group	Address	Contact
Art Appreciation (Second Thursday 12.15 or 4th Monday of the month at 10.15am)	Art Gallery of South Australia	Chris (Mon) - 0418 856 332 or Janet (Thurs) - 8235 0113
Bolivia (Fridays 10am - 12.45pm)	Retire Active Office, Level 4, 25 Leigh St, Adelaide	Anne - 0412 712 030
Book Discussion (First Friday of the month (except Jan). At 1pm)	Retire Active Office, Level 4, 25 Leigh St, Adelaide	Ivonne Doley - 0452 447 657
Bush Band (Twice per month)	Eastwood Community Centre, 95 Glen Osmond Rd, Eastwood	Ute - 0409 391 586 or David - 8277 5676
Bushwalking (4 levels of walks offered each week at various locations in SA. Plus interstate & overseas walking)	Various locations around Adelaide	Phil Hanson - 0417 848 070



## Activity groups cont...

Group	Address	Contact
Caravan	Various locations around Adelaide	Gail - 0413 282 467
Choir (Thursdays 10.00am - 12noon)	Theosophical Society Hall, 310 South Terrace, Adelaide	Helen - 0420 615 505 or Fran - 0428 537 688
Computer & Technology (Third Friday each month at 10.30am)	Mile End Church of Christ Hall, 2 Danby Street, Torrensville.	Wayne - 0419 854 086
Cycling	Various locations around Adelaide	Bob - 0437 911 725 or Phil - 0408 841 141
Five Hundred Cards (Thursday 12pm - 2.45pm Fortnightly)	Retire Active Office, Level 4, 25 Leigh St, Adelaide	Riet - 0459 023 632
Four Wheel Drive	Various locations around Adelaide	Keith - 0498 083 341
Edible Garden (3rd Thursday each month at 1pm)	Various locations around Adelaide	Rob - 0458 959 018
Golf	Various golf course locations around Adelaide	Wayne - 0418 818 172
Lunch time talks (First Monday of each month)	Retire Active Office, Level 4, 25 Leigh St, Adelaide	Head office - 8211 9711
Orchestra (Rehearsals: Thursdays 10am - 12noon)	Cumberland Park Community Centre, 390 Goodwood Road, Cumberland Park	Bill - 0407 710 957
Radio Players (Rehearsals: Mondays 10am - 1pm)	Church of Christ Hall, 1 Danby Street, Torrensville	Ian - 0427 791 441 or John - 0404 555 808
Photography	Meetings held via Zoom	Rod Foster - 0408 258 919
Pleasure Fishing	Various locations around Adelaide	Paul/Jeanette - 0429 678 536
Social	Various locations around Adelaide	Dianne-arpasoclgp@gmail.com
Table Tennis (Mondays 8.30am - 12pm)	Woodville Table Tennis Club, 39a Windsor Avenue, Woodville Park	Ashley - 0421 613 665
Tapliners & Variety Concerts (Wednesdays 12.30pm - 3.30pm. Beginners 11.30pm)	Enfield Community Centre, 540 Regency Road, Broadview	Lorraine - 8269 3915



## Activity groups cont...

Group	Address	Contact
Tennis East (Tuesdays and Thursdays 8.30pm - noon)	Broadview Tennis Club Courts, Myponga Terrace, Broadview	Kay - 0418 850 972 or Bill - 8267 6674
Tennis West (Mondays and Thursdays, 8.30am - noon)	Glenlea Tennis Courts, Ferguson Avenue, Glenelg North	Chris - 0418 855 394 or Alison - 0424 224 980
Train the Brain	Retire Active Office, Level 4, 25 Leigh St, Adelaide	Elizabeth - 0438 843 066 Lorraine - 0409 050 343
Computer and tablet training (one-on-one training by appointment)	Retire Active Office, Level 4, 25 Leigh St, Adelaide	Head office - 8211 9711

## District locations

In addition to the individual groups above, Retire Active SA also has a range of District groups that offer various activities at the one location. If convenience is important to you, we encourage you to check out the activities at the Club closest to you.

District	Address & Activities	Contact
Adelaide (Various days)	Retire Active Office, Level 4, 25 Leigh St, Adelaide <b>Activities: Book discussion group, Bolivia card group, Five hundred card group, Computer &amp; Technology group, Computer, tablet &amp; phone training (by appointment).</b>	Head office - 8211 9711
Blackwood (Wednesdays)	Blackwood Football Clubrooms, Trevor Terrace, Blackwood <b>Activities: Card games, Scrabble, Dominoes, Rummikins, Indoor bowls, Darts, Snooker, Pool &amp; 8-Ball and Table Tennis.</b>	Brian - 8327 1247



## District locations cont...

District	Address & Activities	Contact
Fleurieu (Mondays)	Fleurieu Port Elliot Institute Hall, LOT 164 The Strand, Port Elliot <b>Activities: Card games, Scrabble, Table Tennis and Guest speakers.</b>	Susan - 0413 591 003 or Barbra - 0408 374 570
Gawler (Wednesdays)	Gawler Elderly Centre, 37 Fourteenth Street, Gawler <b>Activities: Card games, Indoor bowls, Darts, Snooker &amp; 8-Ball and Bus Excursions.</b>	Rochelle - 0408 848 605
Klemzig (Wednesdays)	Klemzig Community Hall, 242 North East Road, Klemzig <b>Activities: Card games, Scrabble, Dancing &amp; line dancing, Yoga &amp; Tai Chi, Indoor Bowls, Snooker, Pool &amp; 8-Ball, Walking, Table Tennis and Guest speakers.</b>	John - 0405 208 891
Peninsula (Thursdays)	Lefevre Uniting Church, 63 Gedville Road, Taperoo <b>Activities: Card games, Magjong, Rummikins and Indoor Bowls.</b>	Connie - 8248 6091 or Colin - 8449 7695
Modbury (Fridays)	Burrageh Recreation Centre, 140 Kelly Road, Modbury North <b>Activities: Badminton, Pool &amp; 8-Ball and Table Tennis.</b>	David - 0414 293 726, Brenda - 0438 190 845 or Caterina - 0401 057 524
Rose Park (Tuesdays)	Rose Park Gartrell Memorial Hall, Cnr Alexandra Avenue and Prescott Terrace, Rose Park <b>Activities: Card games and Table Tennis.</b>	Dianne - 0411 532 893

