



# Group Information Sheet

Your retirement is a time of new possibilities. Retire Active SA inspires you to lead a healthy retirement - one that encourages active participation in life. With a wide range of activity groups available, you have the opportunity to nurture your interests, learn new things, create meaningful connections and lead a lifestyle of health and wellbeing. Ready to design your perfect retirement?

## Activity groups

Group	Address	Contact
Art Appreciation (Second Thursday 12.15 or 4th Monday of the month at 10.15am)	Art Gallery of South Australia	Janet (Mon) - 04032 180 401 or Jennifer (Thurs) - 0448 708 735
Bolivia (Fridays 10am - 12.45pm)	Retire Active Office, Level 4, 25 Leigh St, Adelaide	Anne - 0412 712 030 or Geoff - 8269 2148
Book Discussion Third Friday of the month at 10.30am.	Retire Active Office, Level 4, 25 Leigh St, Adelaide	Yvonne Doley - 0452 447 657
Bush Band (Twice per month)	Eastwood Community Centre, 95 Glen Osmond Rd, Eastwood	Rob - 0427 824 658 or Ute - 0409 391 586
Bushwalking (4 levels of walks offered each week at various locations in SA. Plus interstate & overseas walking)	Various locations around Adelaide	Christina - 0405 276 361



## Activity groups cont...

Group	Address	Contact
Caravan	Various locations around Adelaide	Gail - email <a href="mailto:pr_gm.field@bigpond.com">pr_gm.field@bigpond.com</a>
Coffee Walkers	Various locations around Adelaide	Colleen Ingram 0435 267 498
Computer & Technology (Third Friday each month at 10.30am)	Mile End Church of Christ Hall, 2 Danby Street, Torrensville.	Wayne - 0419 854 086 or <a href="mailto:w.schoff@bigpond.net.au">w.schoff@bigpond.net.au</a>
Cycling	Various locations around Adelaide	Tony 0407759260 or Phil - 0408 841 141
Five Hundred Cards (Thursday 12pm - 2.45pm Fortnightly)	Retire Active Office, Level 4, 25 Leigh St, Adelaide	Jenny 0413 568 824
Four Wheel Drive	Various locations around Adelaide	Julia on 0497 009 129
Gardening (3rd Thursday each month at 1pm) (Edible Garden Club)	Various locations around Adelaide	Rob - 0458 959 018
Golf	Various golf course locations around Adelaide	Wayne - 0418 818 172
Lunch time talks (Last Wednesday of each month)	Retire Active Office, Level 4, 25 Leigh St, Adelaide	Head office - 8211 9711
Orchestra (Rehearsals: Thursdays 10am - 12noon)	Cumberland Park Community Centre, 390 Goodwood Road, Cumberland Park	Bill - 0407 710 957
Photography	Meetings held via Zoom	Max - 0400 010 647.
Pleasure Fishing	Various locations around Adelaide	Paul or Jeanette - 0429 678 536
Radio Players (Rehearsals: Mondays 10am - 1pm)	Church of Christ Hall, 1 Danby Street, Torrensville	John - 0404 555 808
Social	Various locations around Adelaide	John and Betty Castle -0408 828 272 <a href="mailto:floraplu@adam.com.au">floraplu@adam.com.au</a>
Table Tennis (Mondays 8.30am - 12pm)	Woodville Table Tennis Club, 39a Windsor Avenue, Woodville Park	Ashley - 0421 613 665
Tapliners & Variety Concerts (Wednesdays 11.30pm - 2.30pm. Beginners Mondays 1.30pm - 2.30pm)	Enfield Community Centre, 540 Regency Road, Broadview	0493 855 847



## Activity groups cont...

Group	Address	Contact
Tennis East (Tuesdays and Thursdays 8.30pm - noon)	Broadview Tennis Club Courts, Myponga Terrace, Broadview	Mike Thurston 0404 261 442 / John 0422 107 023
Tennis West (Mondays and Thursdays, 8.30am - noon)	Glenlea Tennis Courts, Ferguson Avenue, Glenelg North	Chris 0418 855 394 / Alison 0424 224 980 / Lex 0418 596 196
Train the Brain Monthly on the fourth Tuesday of each month.	Retire Active Office, Level 4, 25 Leigh St, Adelaide	Elizabeth - 0438 843 066 or Lorraine 8278 6623 / Head office - 8211 9711

## District locations

In addition to the individual groups above, Retire Active SA also has a range of District groups that offer various activities at the one location. If convenience is important to you, we encourage you to check out the activities at the Club closest to you.

District	Address & Activities	Contact
Adelaide (Various days)	Retire Active Office, Level 4, 25 Leigh St, Adelaide Activities: Book discussion group, Bolivia card group, Five hundred card group, Computer & Technology group.	Head office - 8211 9711
Blackwood (Wednesdays)	Blackwood Football Clubrooms, Trevor Terrace, Blackwood <b>Activities: Card games, Scrabble, Dominoes, Rummikins, Indoor bowls, Darts, Snooker, Pool &amp; 8-Ball and Table Tennis.</b>	Peter - 0403 649 578





## District locations cont...

District	Address & Activities	Contact
Fleurieu (Mondays)	Fleurieu Port Elliot Institute Hall, LOT 164 The Strand, Port Elliot <b>Activities: Card games, Scrabble, Table Tennis and Guest speakers.</b>	Susan - 0413 591 003 or Barbara - 0408 374 570
Gawler (Wednesdays)	Gawler Elderly Centre, 37 Fourteenth Street, Gawler <b>Activities: Card games, Indoor bowls, Darts, Snooker &amp; 8-Ball and Bus Excursions.</b>	Rochelle - 0408 848 605
Klemzig (Wednesdays)	Klemzig Community Hall, 242 North East Road, Klemzig <b>Activities: Card games, Scrabble, Dancing &amp; line dancing, Yoga &amp; Tai Chi, Indoor Bowls, Snooker, Pool &amp; 8-Ball, Walking, Table Tennis and Guest speakers.</b>	John - 0405 208 891
Peninsula (Thursdays)	Lefevre Uniting Church, 63 Gedville Road, Taperoo <b>Activities: Card games, Magjong, Rummikins and Indoor Bowls.</b>	Lorraine 8248 3363 / 0459 795 538 or Colin - 8449 7695
Rose Park (Tuesdays)	<u>Rose Park Gartrell Memorial Hall, Cnr Alexandra Avenue and Prescott Terrace, Rose Park</u> <u>Activities: Card games and Table Tennis.</u>	David - 0414 293 726 Caterina - 0401 057 524  Dianne - 0411 532 893

