

Connect



**Retire
Active
SA**

DECEMBER 2021 | ISSUE # 01



- **COUNCIL MATTERS: SPECIAL GENERAL MEETING AND AGM**
 - **REBRANDING • ARPA'S 40-YEAR CELEBRATION AND LAUNCH OF RETIRE ACTIVE SA**
- **FORTY REMARKABLE YEARS: THE STORY OF ARPA 1981-2021**
 - **GROUP NEWS • PRESIDENT'S AND TREASURER'S REPORTS 2020-2021 YEAR**

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OFFICE HOURS

10.00 am to 3.00 pm, Tuesday – Friday

ABN: 93 661 993 592 **Disclaimer:**

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ACCOUNT DETAILS

Australian Retired Persons Assoc. (SA) Inc.

BSB: 105 022 (Bank SA)

Acc No.: 112785540

NEWSLETTER PRODUCTION DATES

March 2022: Deadline for items is

Tues 1 February, Folding day is

Thurs 24 February. **June 2022:**

Deadline for items is Mon 2 May,

Folding day is Thurs 26 May.

RETIRE ACTIVE COUNCIL 2021-22

President: Anthea Magarey

Vice-President: Barry Apey

Treasurer: David Eitzen

Secretary: Han Tin French

Group Liaison: Elizabeth Alvey

Members: Lesley Schoff, Merilyn

Yemm, Allan Jameson, Liz Watson

Christmas and New Year Office closure

The last day of business in 2021 will be

Friday 17 December. The office will reopen

on Tuesday January 18. Membership

payments will be processed during the

closure so please renew on time.

www.retireactivesa.com.au

For all information on groups,

membership application and renewals

Annual General Meeting and Special General Meeting



COUNCIL MATTERS

Twenty-five members attended the Special General Meeting and Annual General Meeting on Wednesday 22 September. Important changes to the constitution, as presented in the September newsletter, were passed at the former. The most important changes related to the trading name, now Retire Active SA, and membership which is now open to any person irrespective of age.

The President's and Treasurer's reports and financial statements for the year ended June 30 2021, as presented at the Annual General Meeting are reproduced on pages 10–11. Ron Capel and Esther Caprez resigned from Council, thank you both for your contribution; Merilyn Yemm and Allan Jameson were elected onto Council. At the November Council meeting Liz Watson was appointed to fill a casual vacancy. Following the AGM, Service Awards were presented to Judy Harvey and Di Lind, nominated by Bushwalking, and Bob Brady, nominated by Radio Players. Don Harris (Computer and Technology) and Rochelle Baldock (Gawler District Group) were unable to attend but their awards were later presented at their group meetings.

Since these meetings Council has been very busy interacting with Sophie

Horwood of Thrive Communications as the new website was built and all collateral materials revised – promotional pamphlet, new membership and renewal membership forms, group information sheet and promotional leaflets for every Group. All these can be found on the website www.retireactivesa.com.au. We also have a new pull-up banner and a new A-frame to display in Leigh Street (both were used at the 40 year celebration). There will be new Facebook and Instagram pages soon. Finally Sophie will be training Jessica and several office volunteers in the use of Canva, a recent graphic program now widely used. This will enable amendments and creation of new documents as required.

At the same time Councillors and others spent many hours preparing for the 40 year anniversary celebration and launch of our new brand. Reports of the planning, and of the event itself, are on the following pages.

Of course the rebranding is just the beginning of making our presence known in the wider community. It certainly provides a clear indication of who we are and what we do. Please share the website and social media when released with your friends and family, spread the word, be proud of our new image. Centrally we will be looking to establish mutually beneficial relationships with like-minded organisations. As a first step, representatives of a number of these were invited to our 40 year celebration and launch. We will be having further discussions, so that together, we can enhance the lives of older South Australians.

Council members have visited several groups in the last three months, short reports and/or photos can be found in later pages. It is our intention to continue these visits. I personally enjoy meeting members from all our

groups and welcome the opportunity to hear any concerns and/or ideas.

A major task for office staff, particularly Lindsay, Marilyn and Jessica, has been to produce a new name badge for every member. Most badges were ready for a morning tea held for Group Coordinators in the office on Wednesday 27 October, the purpose of which was two-fold – to thank Coordinators for their contribution over the previous year and to provide new badges for their group members. Over 20 coordinators attended. Many members attend multiple groups but we have no record of what these are on the database, so Coordinators may not have a badge for every member of their group. If you have not received your new badge, contact the office as it is known to which coordinator each badge was distributed, or it could be held in the office. Please be patient, we are trying to get a new badge to every member as quickly as we can but with minimal cost.

I hope you like the fresh look of the newsletter reflecting our new name and branding. Content of the newsletter and posts for Facebook and Instagram are dependent on members sending material to Jessica on a regular basis. Please view every meeting/activity as a potential promotional opportunity to connect with members and non-members and send photos and text.

As this is the last communication to all members in 2021, I wish you all a safe and happy Christmas (one I hope you are able to spend with family), and extend to you best wishes for 2022. While we may approach the New Year with some trepidation for the unknown consequences of borders re-opening, being fully vaccinated, having a booster when due, social distancing when in public places and staying away from activities when feeling unwell are key to keeping yourself and others safe.
(Anthea Magarey)

WELCOME TO THE FOLLOWING NEW AND RETURNING MEMBERS

Julie Bailetti
 Maria Barclay
 Peter Boulton
 Ann Byles
 Jack Clarke
 Betty Clisby
 Joan Cruise
 Kevin Dennis
 David Emery
 Norman Etherington
 Vicki Finlayson
 Brian Gill
 Lorraine Gubbins
 Mark Harris
 Sandra Hart
 Marianne Hibbert
 Kevin & Jackie Holloway
 Glenn Jobling
 Liz Joraslafsky
 Elizabeth (Jane) Lee
 Ross & Robyn Lockwood
 Robert & Lynnette Lucas
 Shelley Morton
 Anne Quinn
 Ian Roberts
 David Roshier
 Marjo Roshier-Taks
 Heather Roy
 Peter Scragg
 Wendy Sims
 Robert Sommerville
 Kevin Stephens
 Joan Stoyanoff
 Muriel Sutton
 Alex & Andrea Szabo
 Colin & Janette Tilbrook
 Robert Van Den Heuvel
 Jeffrey Watson

PERSONALISED 4WD Itinerary 2022 ! With Hotel Accom & All Meals!

4 day Kangaroo Island departs Feb 21 & Nov 7	\$2300 pp
9 day Wilson's Prom departs March 7	\$3985 pp
5 day Mungo/Hattah NP departs March 23	\$1975 pp
9 day Back O'Bourke departs April 4	\$3985 pp
3 day Lake Eyre (incl plane departs on demand (flight)	\$1950 pp
9 day Painted Desert departs April 30	\$3985 pp
7 day Coongie Lakes departs May 16 & June 14	\$3200 pp
9 day Birdsville/Innamincka departs May 30	\$3985 pp
12 day Longreach/Winton departs June 27	\$4750 pp
9 day Birdsville/Windorah departs July 25	\$3985 pp
9 day Head Of Bight Whales departs August 20	\$3850 pp
5 day Gawler Ranges departs September 1	\$2050 pp
8 day Flinders & Outback departs September 10	\$4200 pp
5 day Flinders & Arkaroola departs September 24	\$2540 pp
5 day Tumby Bay departs October 17	\$1900 pp



Desert Sky Tours

0419 502 332

PO Box 683 Glenelg SA 5045
 email - enquiries@desertskytours.com
 Website - www.desertskytours.com

RETIRE ACTIVE SA NAME BADGES New name badges have been printed for every financial member. Badges have been distributed to Group Coordinators according to membership lists provided to Jessica. If you have not received your badge check with the Coordinator of each group you attend. Some members are not associated with a particular group. If you have not received your badge check with Retire Active SA office staff: 8211 9711. They will be able to tell you who holds your badge or whether it is being held in the office. In the latter case you will need to collect it from the city.

Our 40th Anniversary Celebration and launch of Retire Active SA



THE EVENT PLANNING COMMITTEE REPORT

With a government grant to help ARPA through the COVID pandemic, the Council decided to undertake a review. With the help of Kate from Liquorice Allsorts came the suggestion that we consider a new name and update our image.

This led to a frenzy of activity with the professional expertise of Sophie from Thrive Communications, which led to a key decision, amongst many others, to create a major event to launch ARPA's new image as Retire Active SA. (Please don't call it RASA that gets us confused with many other acronyms and Retire Active so easily describes what we are about). Happily this coincided with another landmark, our 40th Anniversary.



From the top: The Tapliners perform, Anthea Magarey presents the President's address

And so began, in June, much planning at many meetings, for the 40th Event.

At first we were a very small committee of three. Thankfully it grew to seven.

Contacting all the performing groups to request participation seemed an obvious place to start. The Event committee invited representatives from each of five performing groups to give a short segment, and they came willingly... and so began regular meetings about how we could make this happen.

In between Event committee meetings we searched all over the metropolitan area for a suitable hall, knowing that COVID restrictions could alter our plans at any time.

Each member of the committee took on a different responsibility: catering, setting up, maximising limited space for dropping off costumes, instruments etc, sound and light projection, etc. Then they began recruiting teams of volunteers (at least 35, some with multiple tasks).

The very detailed Event running sheet was updated on a weekly basis to accommodate all the details as they were worked out. Anthea contacted “Very Important People” to help spread our new image. Spence Denny agreed to offer his MC skills (who knows? – he might become a member of Retire Active when he retires from the ABC). Jessica beavered away in the office, creating, invitations, programs, guest lists and ordering supplies, alongside her other re-branding work. Imelda gathered a group to make paper flowers, and gather Strelitzia (a stunning plant which reflects our new brand colours!) to decorate. Marilyn cut multiple table coverings of crepe paper and organised a mass plan of suitable seating arrangements. Esther worked out how to cut the delicious apple cake to make a “40”, adorned with a “40” sparkler, because, naturally, no blowing out of candles, in addition she had to work out how to serve 200+ people with hot drinks and cake. Elizabeth spent a lot of time making lists to ensure that we didn’t forget anything, while also lending a helping hand with others’ tasks. The Orchestra, the Radio Players, The Bush Band and the Tapliners kept rehearsing and practising their timing so that we could fit everything in between 2 and 4.00pm. A major sadness was the choir’s inability to participate owing to COVID restrictions on singing. (Watch this space for when they can sing their hearts out again)

When it all came together on the day, there was a certain “Wow, it’s actually happening” and it wouldn’t have worked without everyone’s skilful cooperation, many hours of preparation and plenty of hard work between 12 noon and 5pm to ensure two hours of amazing entertainment. **(Elizabeth Alvey (Committee Chair)**

Right, from the top: Cake cutting, Door prize winner, The Event Committee, Getting the hall ready. (Photos David Sandison)





President and Vice President

EVENT REPORT

As I write it's the day after our 40 year birthday celebration and launch of our new brand Retire Active SA. Over 200 invited guests, performers, other members and non-members enjoyed two hours of entertainment, and coffee/tea and birthday cake, in the Latvian Hall at Wayville on Thursday 11 November.

Spence Denny was the perfect MC, keeping the audience's attention as one group packed up and the next one assembled. The orchestra played as guests arrived and then played three numbers to start the official proceedings. The mood of the audience was evident with spontaneous animated participation when they played YMCA. The Radio Players followed with four entertaining and amusing sketches (all written by their members). The subjects were pertinent to current events (COVID) and to our demographic (failing memory, hearing loss, expanding waistlines). The Bushband played a set of well-loved songs and led the audience singing Happy Birthday. I delivered an address providing a brief history of ARPA and how we came to rebrand, finishing with an official declaration of our new name Retire Active SA. Jessica lit the sparklers on the cake after which photographs were taken with our invited guests (The Honourable Rachel Sanderson, State member for Adelaide; Caroline Power, State member for Elder; Amy Grantham, Federal Liberal candidate for Adelaide; Phillip Martin, Adelaide City Councillor; Ian Henschke from National Seniors; Rachel Telfer

from COTA Social Connections Program; Cathie Graham from Mindset for Life). While tea/coffee and delicious apple and cinnamon cake were served, there was a slide show that included a few historical photos from Peter's history (see flyer, right hand column), images of members enjoying group activities and images of our new branding. The final entertainment was from the Tapliners; five numbers displaying their beautiful costumes (made by members of the Group), and tapping talent, fittingly ending with the can can. Five lucky attendees won door prizes.

Overall it was a great display of enjoying retirement to the full, so fitting to our message of 'Retire from work, not life', as displayed on our beautiful new pull-up banner. Our invited guests were suitably impressed.

While many hours of planning were required to 'pull-off' this event, all those involved will say 'it was worth it'. Bringing our different groups together is rare but this event was a great display of how successful and enjoyable it can be. I congratulate the organising committee, led by Elizabeth Alvey, for delivering such a well-run event, everything went as planned and the timing was impeccable. Each member (Esther Caprez, Marilyn Yemm, Allan Jameson, Imelda Trainor and Jessica) gathered their own group of helpers to complete their assigned tasks, too many to name but thank you all. Finally thank you to the performing groups for their ideas, camaraderie, attention to timing, and their great performances that had the crowd arm waving, laughing, foot tapping and singing; to Peter Watts of Radio Players for managing the sound for all the groups; and to David Sandison for the photographs displayed in this newsletter.

Afterword: Many messages of congratulations 'for a truly wonderful afternoon' have been received, a common theme has been how good it was to see what other groups did. Thank you to those who have taken the time to show their appreciation.
(*Anthea Magarey, President*)

More pictures of our 40th Anniversary Celebration event on Pages 15-16.



FORTY REMARKABLE YEARS: THE STORY OF ARPA, 1981-2021

Forty Remarkable Years" is the story of ARPA from 1981 to the present day, as reflected in the pages of its newsletter. Read about ARPA's incredible growth in its first 20 years, followed by its continuing success in providing over-50s with information, advice, exercise, sport, fun, mental gymnastics, opportunities for travel and many other activities, while also helping 27,500 members to enjoy companionship and create lasting friendships. While chronicling ARPA's history, the book is full of anecdotes, letters to the editor, humorous verse, accounts of memorable shows by our performing groups, special events and adventures by bushwalkers, 4WD enthusiasts and other groups.
[A4, 80 pages, 40-plus pictures]

We would like to publish this history for sale to members and others. We are aiming for a maximum price of \$15 for members. However our ability to achieve this will depend on the number we are likely to sell. Therefore before committing to printing and/or seeking donations we wish to gauge the level of interest among members. Would you but a copy, if the price was \$15 or less, please can you notify the office [8211 9711 or Peter, pgawilliams@googlemail.com.

Group News

FLEURIEU DISTRICT GROUP

This is a strong group that meets every Monday in the Pt Elliot Institute Hall. The day I visited, 30 August, members were playing a range of card games or table tennis. As this is the home of the Great Southern Table Tennis Association the facilities are ideal. There was



fresh produce to share from members' gardens and everyone enjoyed a chat over morning tea. *(Anthea Magarey photo and text)*

CARAVAN GROUP

The Caravan Group has enjoyed some great rallies this year. At every venue we have a daily happy hour, one or two organised breakfasts and an evening meal at a local hotel or club. We have some keen early morning walkers and

visits to the local op shops are always high on some members agendas. In addition, each venue has a venue leader, who researches the area and organises trips. All activities are completely voluntary and members are free to join in as much, or as little, as they choose.



TANUNDA IN SEPTEMBER

This rally was attended by 30 people. What a great area to visit during Spring, with the green countryside, colourful flowers and blossoming trees. The venue leader, Judy, put together a varied and fascinating programme for the week, including a visit to Luhrs Cottage, a pug and straw dwelling built in 1846. Over the week, the group also visited the Whispering Wall (a curved dam wall that has unique acoustic

qualities) and Mengler Hill Lookout and Sculpture Park, which provided views over Tanunda and the surrounding area. On Wednesday morning, the group attended a superb tour, talk and demonstration of the fabulous Hill and Son Grand Pipe Organ, in the Soldiers Memorial Hall and on the Thursday a large group returned for a concert by Joshua van Konkelenberg, a renowned Adelaide organist. A thoroughly enjoyable week was concluded with an evening meal at the Barossa Clubhouse.



BLACKWOOD DISTRICT GROUP

This group meets every Wednesday in the Blackwood Football clubrooms. The day I visited, 1 September, card games, indoor bowls, snooker/8 ball and table tennis were being enjoyed. It was 'soup day', members had a choice of a five different homemade soups, second serves encouraged – the ones I tried were delicious. It was also a member's significant birthday and she had provided each lunch table with a selection of chocolate treats. She had also written a delightful poem about growing older and her expectations of the next decade – sentiments we could all relate to. *(Anthea Magarey photo and text)*

MOUNT GAMBIER IN OCTOBER

Eighteen members attended this rally. The weather was kind to us with mainly cold nights and sunny days. Our venue leaders, Eugene and Pam, organised some excellent activities, including a night visit to Umpherston Sinkhole for the possum experience, a guided Aquifer Tour at the Blue Lake, a film on volcanos in the area and a tour of the amazing Tantanoola Cave. In our spare time, we were spoilt for choice, with many walking trails, and lookouts with breathtaking views. *(Text by Eugene and Pam Juczenko; photos by members of the Caravan Group)*





GAWLER DISTRICT GROUP

Councillor Elizabeth attended this group with her husband Jim on Wednesday 20 October. The meeting began with cards, Rummikub and Pool. Not being frequent card players Jim and I were both taken in hand to learn “Up and down the river” and “Hand and Foot” respectively, with patient teachers and players as we slowed the pace considerably. A very efficiently run AGM, organised by Rochelle Baldock and her committee, followed. This is a vibrant group that meets every week and has also enjoyed many excursions during the past year, including a trip to the Old Mill at Hahndorf and another on The Dolphin Explorer. They have also organised some generous fund- raising for the Cancer Council... and have more plans ahead for 2022. At the end of the meeting Rochelle was presented with an ARPA service award for the time and skills that she has shared with the group. *(Elizabeth Alvey photo and text)*

WEEKLY WALKERS

CAN YOU HELP? Wednesday and Thursday Weekly Walkers are both seeking new coordinators for 2022. Walks start at 09.30 or 10.00am at various locations around the city and suburbs. Walks are up to 2 hours and a distance of up to 8 km with a coffee stop at or near the end. Your help would be greatly appreciated.

CONTRIBUTING TO COMMUNITY: 4 WHEEL DRIVE CACTUS KILL

Each year members of the 4 Wheel Drive and Bushwalking Groups participate in a program to assist with the control of cactus in the Flinders Ranges. Nine members spent 5 days in August at Alpana Station, 5km south of Blinman, poisoning cactus in various locations identified by the owners. At each pre-determined location the group worked in teams of 3 (or sometimes 4), the first person to drill holes in the base and pads of the plant, the second to fill those holes with herbicide, and the third to record the size of the plant and its location on GPS, spray paint the plant to indicate to other teams that it had been treated and to collect any chips off the plant that might be scattered on the ground around the area.



Accommodation, in shearers’ quarters, is provided by Alpana. Morning tea and lunch are packed for the day out in the field, so backpacks are required to be carried as well as protective equipment such as gloves and UHF radios for team-to-team communication. The terrain to be traversed can be very steep and slippery or rocky, and cactus can be found in strange places such as the small ones shown in the dead tree stump. Total number of plants treated during the week was 633. “Are we winning?” is the question often asked. According to station owners there is still a lot of cactus around, and the property is extremely large and some parts of it are virtually inaccessible.

However it has been encouraging to observe over the years that in places which have been previously covered there are definitely signs that the z efforts have been successful. *(Keith Watkins 4 wheel Drive Group, Cactus Kill Coordinator photo and text)*

GOLF GROUP

Twelve members of the Golf group were enthusiastic participants in the first annual Pink Golf Day at the Victor Harbor Golf Club on Friday 10 September 2021. There were 140 players in total and although we didn’t win or place, our groups returned very respectable and acceptable scores. We enjoyed a game of golf on a very good quality course and supported charity as well. *(Wayne Seaton, Coordinator Golf Group)*

LARGS BAY DISTRICT GROUP

This group has changed its name to Peninsula as the group felt this reflected their location (some distance from Largs Bay), and allows for future moves within the Le Fevre Peninsula.

OTHER DISTRICT GROUP VISITS

Merilyn visited the Klemzig Group. Elizabeth visited the Broadview Group which has subsequently closed as Terry the coordinator is moving away from Adelaide and a replacement coordinator could not be found. The group plans to meet socially.



Annual General Meeting Wednesday 22 September



Service Award presented to Judy Harvey, nominated by Bushwalking.

PRESIDENT'S REPORT

It is my pleasure to present ARPA Active Over 50s 38th Annual Report for the year 2020-2021.

Most of us have learnt to live with uncertain times owing to the continued presence of COVID, and the potential for an outbreak in South Australia. However COVID continues to impact on ARPA. While most groups resumed meeting mid 2020 the performance groups were perhaps hit harder than others as they lost all engagements; it was well into 2021 before they could start planning performances again and take bookings. Unfortunately, the impact of changeable attendance on already dwindling numbers and the difficulty of finding Coordinators led to closure of three Regional groups; Magill, Seaford/Moana and Athelstone. Thank you to Group Coordinators and

Office Administrator Jessica Puente for being alert to the changing COVID directives and ensuring that groups met all guidelines.

A primary goal for Council this year has been to implement the three key initiatives identified at the Strategic Planning meeting in June 2020, namely: (i) to seek advice on raising the public profile of our organisation with the goal of attracting attract more members; (ii) to review systems and processes to improve communication flow between central admin and Groups; and (iii) to run a campaign to reconnect with those members who declined to renew because activities were suspended as a result of COVID.

The initial task with respect to initiative (i) was to develop a brief and seek interested persons. In responding to the

brief Kate McPhee identified the need for a three-stage process; a) fact-finding and development of specific recommendations, b) making changes to ARPA's branding, key communication channels and internal processes and c) rolling out our changes to ARPA's branding and developing tools and Action Plans to implement other recommendations. Using funds received from State and Federal governments, (to specifically assist us with the impact of COVID), Kate was engaged to undertake the first stage of reviewing the organisation. A report with over 40 recommendations was received in June 2021. Implementation of many of these recommendations is currently underway but beyond the scope of this report.

The Group Liaison Committee (Elizabeth Alvey, Esther Caprez and Peter Williams) undertook to work on the second strategy. A key component

was revision of the Operating Manual for Groups. This was streamlined into a single manual for all Groups. Importantly, Groups were recognised according to their member and committee size, and monetary turnover, and the reporting requirements tailored accordingly. Five Training Sessions were held for Group committee members to help familiarise them with the new manual, their responsibilities and reporting requirements, and how to manage a series of real-life scenarios, occurrences that could happen at any time in any Group, but fortunately are uncommon. Over 40 Coordinators and committee members attended, representing over two-thirds of Regional Groups and about half the Activity Groups; thank you to those who took the time to attend. On behalf of all members, I acknowledge and thank all Coordinators and committee members for the considerable hours they contribute to ensure the smooth running of their Groups.

Jessica undertook to implement the third strategy with the assistance of the volunteer office staff. Unfortunately only a small proportion agreed to renew their membership.

Central office continues to run smoothly under the very competent direction of Jessica. Early in the year Tracey Tarca resigned; thank you Tracey for the many hours you worked in the office and particularly for helping Jessica as she familiarised herself with operations early in 2020. Jessica has now built a competent team of seven regular front-desk office volunteers, with two others attending weekly for other tasks. You are all very important to the smooth running of ARPA, and we thank you for your time.

As expected historically (but exacerbated by COVID), membership numbers have fallen again this year. We gained 245 new members but 406 members did not renew their membership, resulting in a net loss of 161 and a total membership at 30 June 2021 of 1,660. The equivalent figures in the previous year were 198 new

members and 462 non-renewals. The principal reasons for non-renewal have been failing health and/or other circumstances affecting continued participation, and concern about COVID. This declining membership presents an on-going challenge to balance the budget but I am pleased to report that once again a small operating profit has been achieved. Treasurer David Eitzen deserves particular acknowledgement for managing the finances, with assistance from Jessica and Roy Milne.

Thank you to all Council members for your contribution throughout the year. Unfortunately Denise McDowall resigned in February after 15 months as a Councillor but Ron Capel re-joined in May to serve until the AGM. Two-year terms are up for all other Council members but everyone has agreed to renominate with the exception of Esther Caprez. However Esther will remain on the Group Liaison Committee.

Finally, it is 40 years this year since ARPA SA opened its first office. This is an achievement to celebrate, particularly as the only other surviving branch of the original multi-state organisation is one in Tasmania with less than 100 members. It is probably a stretch to say we are thriving, although I believe the organisation remains strong and has much to offer if only we become better known. A celebratory event will be held in November to mark 40 years of providing activities for older South Australians. That event will also relaunch our organisation, rebranded as Retire Active SA to better reflect who and what we are now.

(Anthea Magarey, President)

TREASURER'S REPORT

Declining membership numbers over recent years have put stress on the Association's finances. In the previous financial year Council took a razor to the expenditure side of the budget which resulted in a small operating surplus for that year. For the 2020/21 financial year the focus has been to hold the ship steady as the Council developed its strategies going forward.

Whilst the impact of COVID added additional stress to the Association's ability to generate membership income, the small surplus achieved for the year is testament to Council's resolve to be ruthless in regard to reigning in expenditure and do all possible to reduce the membership leakage.

Particular thanks must go to our Office Administrator Jessica Puente and her band of office volunteers in following up membership renewals and making sure that only necessary expenditure was incurred. Thanks also to the regional and activity group coordinators who have tirelessly navigated their way through COVID restrictions to keep their groups operating as much as possible, and thereby keep members engaged. Without their efforts we could not possibly have kept membership renewals to the levels we have, let alone recruit a number of new members.

Longer term however, the future financial viability of the Association is dependent upon the implementation of Council's new strategic directions and their success in turning around the membership decline. To some extent the COVID crisis has provided some stimulus in this regard, with special purpose government grants being able to be sidelined from operating income and applied to formulating and implementing the new strategies, with an emphasis on recovering membership lost as a result of COVID.

The operating result for 2020/21 is a surplus of \$2,800 before accounting for \$10,000 in COVID related government grants, which have been reserved to fund strategic initiatives, and the application of \$8,000 out of reserves to this end.

In turn the balance sheet reflects an increase in net assets of \$4,800, the result of the operating surplus for the year and the net increase in reserves arising from government grants.

(David Eitzen FIPA, FFA, Treasurer)

AUSTRALIAN RETIRED PERSONS ASSOCIATION (SA) INC

STATEMENT OF FINANCIAL PERFORMANCE

FOR THE YEAR ENDED 30TH JUNE 2021

	2020	2021
	\$	\$
INCOME		
Distributions Received	1,002.10	813.07
Donations Received	963.14	5,356.17
Entertainment Books	700.01	252.73
Interest	134.55	44.97
Lottery Income	6,524.00	-
Membership Fees	66,163.68	62,815.73
Name Badges	25.44	29.62
Newsletter Income	3,598.68	3,760.90
Photocopy Charges	1,262.48	1,807.05
Rent - Office Sublet	-	4,070.00
Room Hire	2,473.65	2,798.09
Sponsorships	3,636.36	1,818.18
Sundry Income	868.64	989.37
	<u>87,352.73</u>	<u>84,555.88</u>
LESS EXPENSES		
APRA Licence Fee	-	445.41
Audit Fees	550.00	550.00
Bad Debts	575.23	62.00
Bank Charges & Merchant Fees	1,979.27	1,525.75
Computer Requisites	339.23	1,898.08
Entertainment Book	509.09	-
Insurance	7,712.37	7,866.29
Legal Fees	3,195.00	-
Light & Power	2,298.07	1,795.97
Lottery Expenses	4,626.04	-
Name Badges	92.36	92.75
Newsletter Costs	6,349.34	2,373.31
Office Cleaning	80.00	960.00
Postage	1,749.40	988.86
Provision for Doubtful Debts	(398.70)	0.00
Publicity & Promotion	1,714.48	222.42
Refunds	-	20.00
Rent	22,939.72	23,848.35
Repairs & Maintenance	-	25.73
Salary, Superannuation & Workcover	17,550.94	28,567.49
Staff Amenities	429.43	940.74
Stationery & Photocopy	4,808.73	7,106.41
Sundry Expenses	419.58	635.60
Telephone & Communications	2,638.50	1,829.75
	<u>80,158.08</u>	<u>81,754.91</u>
SURPLUS (DEFICIENCY) FOR THE YEAR	<u>7,194.65</u>	<u>2,800.97</u>

AUSTRALIAN RETIRED PERSONS ASSOCIATION (SA) INC

STATEMENT OF FINANCIAL POSITION AS AT 30TH JUNE 2021

	2020 \$	2021 \$
ACCUMULATED FUNDS		
Balance 1st July, 2020	130,797.98	137,992.63
Surplus (Deficit) for the Year	7,194.65	2,800.97
Reserves - Future Grant Applications	20,000.00	22,000.00
Funds as at 30th June, 2021	<u>157,992.63</u>	<u>162,793.60</u>
CURRENT ASSETS		
Cash on Hand	250.00	250.00
Cash at Bank	6,406.62	12,089.11
Business Saver Account	138,622.17	140,166.87
Debtors	531.95	641.95
	<u>145,810.74</u>	<u>153,147.93</u>
INVESTMENTS		
Shares in Listed Companies (at cost)	29,272.66	29,274.06
	<u>29,272.66</u>	<u>29,274.06</u>
TOTAL ASSETS	<u>\$ 175,083.40</u>	<u>\$ 182,421.99</u>
LESS CURRENT LIABILITIES		
Provision for Staff Entitlements	1,321.29	1,915.56
Sundry Creditors	6,435.98	7,597.14
Payments received in advance	9,333.50	10,115.69
TOTAL LIABILITIES	<u>17,090.77</u>	<u>19,628.39</u>
NET ASSETS	<u>157,992.63</u>	<u>162,793.60</u>



Badminton at Modbury

Group Activities

ART APPRECIATION Tours of the Art Gallery of SA are led twice monthly by Gallery Guides (4th Monday, 2nd Thursday). Please wear your Retire Active SA name badge. These groups do not meet in December and January. Next meeting: Monday 28 February; Thursday 10 February. Enquiries to Janet (Thursday group) 8235 0113, Chris (Monday) 0418 856 332.

BOLIVIA Retire Active SA Office, every Friday 10am -12.45pm. Enquiries to Anne 0412 712 030

BOOK DISCUSSION GROUP

Monthly, first Friday, Retire Active SA Office 1.00 pm. We do not meet when the temperature is 34oC or over on the ABC weather forecast on the previous evening. Enquiries to Iris 8269 2148.
Feb 4: Alice Pung, *My father's daughter or Unpolished gem* (N>F>)
Mar 4: Lee Harper, *The lost man*
Apr 1: Bri Lee, *Who gets to be smart* (N.F.)
May 6: Margaret Atwood, *The heart goes last*

BUSHBAND Eastwood Community Centre 2nd and 4th Tuesdays. Enquiries David 82775676 Bookings Ute 0409391586

BUSHWALKING Weekly walks are graded A, B, C or D. New walkers are asked to start with C or D walks. D walkers meet in the city and use public transport to and from the walk. Financial members of Retire Active SA are eligible to join Bushwalkers and are welcome to participate in two trial walks before joining and paying the Bushwalkers Annual membership fee effective from Dec 1 to Nov 30 each year. All Retire Active SA Bushwalkers must renew their annual membership with both Retire Active SA and Bushwalkers if they wish to continue walking regularly with the Retire Active SA Bushwalkers and participating in other Bushwalker activities. For further information: www.retireactivesabushwalkers.org.au/membership. Contacts: Chris 0435 805 223, Monique 0431 826 605, John 0427 182 584

C WALKS DECEMBER 2021

Sat 4: Peter 0414 810 058 Cleland
Fri 10: Peter 0407 331 699 Rocky Hill Trail Morialta
Thu 16: Neil 0429 773 800 O'Halloran Hill
Thu 23: Rod 8278 6280 Blair
Thu 30: Raelene 0402 268 144 City to Underdale

JANUARY 2022

Mon 3: Jennifer 0406 021 977 Crafers to Glen Osmond
Wed 12: Kerry 0410 194 585 Mt Barker to Littlehampton
Wed 19: Carmel 0422 606 717 Dernancourt to Klemzig

Wed 26: Neil 0429 773 800 Marino:
Mon 31: Raelene 0402 268 144 West Lakes Tennyson

D WALKS DECEMBER 2021

Mon 6: Joan 8344 6287 River Torrens
Sat 11: Evelyn 0407 606 741 Mitcham to Goodwood
Wed 15: Colleen 0435 267 498 North Adelaide
Thu 21: Maureen 0420 869 538 Aldinga Scrub
Mon 27: Rose 0477 839 880 Taperoo to Semaphore

JANUARY 2022

Tue 4: Aileen 0417 297 810 City to Bowden
Mon 10: Liz 8352 1636 River Torrens
Sat 15: Jean 0403 660 869 Adelaide Botanic Gardens
Fri 21: Heather 0448 051 440 O'Halloran Hill to Old Reynella
Thu 27: Maureen 0420 869 538 Marino Rocks to Brighton

CARAVAN GROUP All venues are dog friendly. The Caravan Group does not have rallies during the peak season of December and January. February: Fri 11- Fri 18: Robe March: Fri 18 – Fri 25: Berri Contact Gail Field (Group Convenor) pr_gm.field@bigpond.com 0413 282 467

CHOIR A four part mixed choir that sings a variety of music, from golden oldies to arrangements of popular musicals. We give concerts at nursing homes, retirement villages and community centres. Practice: Thursdays 10.00am to 12 noon, at the Theosophical Society, 310 South Tce (just west of Hutt St). Enquiries to Helen 0420 615 505 or Fran 0428 537 688.

COMPUTER AND TECHNOLOGY GROUP

Meetings are held at Mile End Church of Christ, 2 Danby Street, Torrensville, on the 3rd Friday each month, at 11.00am. For further information contact: Secretary –Lesley 0488 661 931 arpacomputergroup@gmail.com

CYCLING Aim: To encourage people to enjoy the benefits of cycling together, and good companionship. Ride Coordinators: Phil: 0408 841 141, Bob: 0437 911 725. Rides start at 10.00 am on Wednesdays and are at a comfortable pace for all. They include a coffee stop. The challenge for each ride varies. Those who don't want to do join 'programmed rides' are encouraged to meet at the weir and 'decide on the day'. HOT WEATHER policy: Basically, Retire Active SA Cycling has no policy regarding hot or wet weather/temperature. The ride leader can shorten any ride if conditions are difficult. Riders can also pull out at any time once they have notified the 'tailer'. The best advice is

you should ride in whatever conditions are acceptable for you. "Decide on the day weir/ kiosk rides" are the best option for a 'come and try' ride. Dec 8: The Land of the Setting Sun. Meet at the weir and meander through the western suburbs for around 35km – suits all bikes. Gary mob: 0429001475. Dec 15: Decide on the day. Meet TLK. Dec 22: Chrissy ride to a lunch spot? Dec 29: Decide on the day. Meet TLK. Jan 5 2022: Salisbury from the weir (Don) Meet at the weir. Jan 12: Decide on the day. Meet TLK. Information may change, always check the website for the latest information <https://arpacycling.wixsite.com/cycling>

FIVE HUNDRED CARDS Retire Active SA Office Thursdays, fortnightly from Sept 9. Enquiries Riet 0459 023 632

FOUR WHEEL DRIVE For general information about the Four-Wheel Drive Group, contact Acting Coordinator Keith kdwatkins@ozemail.com.au mob: 0498 083 341. See also our webpage <https://rjboth.wixsite.com/arpa4wd-group>. For further details of the following event, contact the nominated organiser. Feb: Wed 9 Mystery trip Contact Julia 0497 009 129

GARDENING GROUP We meet in each other's gardens with occasional excursions. All meetings at 1pm on the third Thursday of the month. For further information contact Rob Gray on robgray06@optusnet.com.au

GOLF GROUPS Golf Par 3: Coordinator Bill Ph 08 8272 3016 Mob 0403 812 309. Email: biro@iinet.net.au. Golf – 9 hole: Contact Wayne arpasagolf@gmail.com or 0418 818 172 Golf – 18 hole: competition Mondays, social golf Fridays, contact Wayne (above)

ORCHESTRA Rehearsals Thursday 10am – 12 noon, Cumberland Park Community Centre, 390 Goodwood Rd, Cumberland Park. Enquiries Bill 0407 710 957

PHOTOGRAPHY GROUP The group is an informal, laid-back group of like-minded members who enjoy the art of photography. We hold a monthly meeting via Zoom where we show and discuss photos of our previous month's theme as well as items of a photographic nature. Photography projects are set on a monthly basis allowing us to shoot photos at our leisure during the month. We usually enjoy each other's company taking photos during an organised away trip during the year. 2022 program currently being planned. Enquiries to Rod 0408 258 919.

PLEASURE FISHING

Feb: Sat 19 – Sat 25, Edithburgh
Mar: Sun 20 - Sun 27, Point Turton
May: Marion Bay TBA
June: Eyre Peninsula TBA

Nov: Point Turton TBA Please make your own bookings direct with the caravan parks and let us know you are coming. Sites at the Point Turton CP, in particular, fill up fast. For further information contact Paul and Jeanette Martin: 0429 678 536 trilby16@bigpond.com

RADIO PLAYERS Mondays 10am -1pm Mile End Church of Christ hall, 1 Danby St, Torrensville. Enquiries to Ian 0427 791 441 or John G 0404 555 808

SOCIAL GROUP All Retire Active SA members welcome. The Social Group meets monthly to enjoy a meal and conversation at various venues around Adelaide. To join our group just contact the host for the particular event of interest. Dates and venues are listed for several months in advance so that you can put them in your diary, but please note that venues may need to change. Bookings are essential. See below for Host phone numbers. Please arrive in time for the start time of 12.30 pm. Dec: Tues 14, The Highway Inn, 290 Anzac Hwy, Plympton. This venue has a Seniors Menu at \$22 for main meal and dessert, plus a wide range of choices in their other menus at reasonable prices. ***Please note that we need to know well in advance if you intend to come along to this event. Hopefully venues will not be subject to Covid restrictions on numbers, but we do need to secure sufficient seats as we move into the Christmas season. Please contact Dianne (details below) as soon as you can if you wish to attend. Close off date for bookings is Thursday 9 December. Jan: Thur 13, Hotel Royal, 180 Henley Beach Road, Torrensville. Standard pub menu, plus Mexican, plus Seniors Menu,

Friendly staff. Host: Val Feb: Fri 18, Royal Oak Hotel, 123 O'Connell Street, North Adelaide. Currently offering Lunch for \$15 or 20% off the main menu for Seniors. Host: Marie. **Host Details:** Dianne: Email arpsclgp@gmail.com or text 0419 857 882 with name and phone number if call not answered. Carol: 8294 6717. Please leave a message with name and number if call not answered. Val: 0400 225 465. Please leave a message with name and number if call not answered. Marie: nanmudge@gmail.com or text 0478 123 618 or leave a message with name or number if call not answered. Cancellations: If you booked, but subsequently cannot attend, please let your host know as soon as possible. Please wear your Retire Active SA badge when attending any of these events.

TABLE TENNIS Every Monday morning from 8:30am to noon at the Woodville District Table Tennis Club, 39a Windsor Avenue, Woodville Park. Enquiries to Ashley 0421 613 665.

TAPLINER AND VARIETY GROUP Our group meets for practice every Wednesday from 11.30 am to 3 pm, at the Enfield Community Centre, 540 Regency Rd Enfield. BEGINNERS and EXPERIENCED people are both very welcome. It is a low-cost activity. If and when you start performing in concerts, all costumes apart from a black leotard, shoes and stockings are supplied. If you are interested in the variety side of the group, you would also be very welcome. For more information please phone Lorraine on 82693915 or 0409691331.

TENNIS EAST We play on Tuesday and Thursday mornings from 8.30 am to 12.00 noon (approx.) at the Broadview Tennis Club, Myponga Tce. Broadview. Social doubles tennis - Mens/Ladies/ Mixed - \$3.00 per visit (first two free). Tea/ coffee/biscuits included. Coaching not available so some level of experience necessary. Contacts - Bill 8267 6674, John 0422 107 023.

TENNIS WEST Every Monday and Thursday morning at the Glenlea Tennis Club, Ferguson Ave., Glenelg North. Our tennis is social and we play men's, women's and mixed doubles throughout the year from 8:30am to noon. Players are of varying standards although some tennis experience is desirable. Fee \$2 with first two visits free. Coffee, tea and biscuits provided. Enquiries to Scott on 0437 716 028.

TRAIN the BRAIN Retire Active SA Office 3rd Monday every month 12.30pm - 2.30pm. Enquiries Elizabeth 0438 843 066 or Lorraine 8278 6623

WEEKLY WALKERS WEDNESDAY Walks start at 10.00am We walk for 1hr 45 mins to 2 hrs, a distance of approx. 8km, at various locations around City & Suburbs. We have coffee at or near the end of the walk. We walk footpaths, tracks, ups and downs but definitely no mountain climbing. For information contact David 0408 297 050 or adams5049@adam.com. There are no walks in January

DISTRICT GROUPS

	Address	Meeting Day & Time	Cost	Contact	Activities
Adelaide	Level 4 25 Leigh St, Adelaide	Fridays 10-12.30pm Thursdays 12-2pm Mondays 12.30-2.30pm		Anne 0412 712 030 Jessica 8211 9711 Elizabeth 0438 843 066	Canasta, Samba, Bolivia 500 card group - fortnightly Train the Brain- 3rd Mon only
Blackwood	Blackwood Football Clubrooms Trevor Tce, Blackwood	Wednesdays 9.30am-2pm	\$4	Brian 8327 1247	Card Games, Board Games, Indoor Bowls, Snooker/Pool, Table Tennis, Darts, Raffles, Day Outings
Fleurieu	Port Elliot Institute Hall The Strand, Port Elliot	Mondays 9am-3pm	\$3	Susan 0413 591 003 Barbara 0408 374 570	Card Games, Board Games, Table Tennis, Raffles, Day & Lunch Outings, Guest Speakers
Gawler	Elder Centre 37 Fourteenth St, Gawler	Wednesdays 10am-2.30pm	\$4	Rochelle 0408 848 605	Card Games, Indoor Bowls, Darts, Snooker/Pool, Excursions
Klemzig	Klemzig Community Hall, 242 North East Rd Klemzig	Wednesdays 10am-2pm	\$4	John 0405 208 891	Card & Board Games, Keep Fit, Tai Chi, Line Dancing, Indoor Bowls, 8 Ball, Table Tennis, Walking, Raffles, Day Outings, Lunches, z Guest Speakers
Peninsula (formerly Largs Bay)	Lefevre Uniting Church 63 Gedville Rd Taperoo	Thursdays 10.30am-2.30pm	\$3	Connie 8248 6091 Colin 8449 7695	Card Games, Board Games, Indoor Bowls, Raffles, Day Outings, Lunches
Modbury (Badminton)	Modbury North 1 40 Kelly Rd, Modbury North	Fridays 10am-12pm	\$4	David 0414 293 726 Brenda 0438 190 845	Badminton, Table Tennis, Pool/8 ball
Rose Park	Gartrell Memorial Hall Cnr Prescott Tce & Grant Ave, Rose Park	Tuesdays 9.30am-2.30pm	\$5	Dianne 0411 532 893	Table Tennis, Card Games

Classifieds

Cost: \$3.00, GST inclusive PER LINE (or part line) billed after publication. Please send copy to info@arpasa.asn.au

BUDGET WATERFRONT GETAWAY Stunning beach. Huge balcony suite from \$90 dble. Conditions or House accom 10 Courtesy cars. Discount wine. Meal vouchers. Swim with the dolphins? Kingston near Robe. Judy 0402 922 445.

MELBOURNE – Meg’s 1 b/rm unit, near Toorak Village, tram, covered parking, quiet, f/furnished. 2 persons only \$80/night. 3 nights min. non-smoking. Avail for Christmas. Contact Meg on 8363 3001 or 0433 170 250 or Peter on 0409 188 783.

MOONTA BAY – Seaside Escape. Lovely 3 bedroom, fully furnished home, all modern conveniences, \$100.00 per night. Phone Daryl or Heather on 0411 851 791.

PAINTER AND DECORATOR – (MPA member) Lic. No. R152010. All interior and exterior painting, wall papering, crack & general repairs. 22 years’ experience. Fully insured, all work guaranteed. Free quotes – reasonable rates. Phone Paul or Karen Morris 83322 2806 or 0412 421 663.

WALLAROO – beach-front fully self-contained 2 br beach house \$90/night per couple, \$10 each extra person. 2 night minimum stay. Ph Kath 0427 934 052.

WANTED TO BUY Good clean sedan/wagon. Falcon AU2 or AU3 or Commodore VT, VX or VY. Peter 0402 638 714.

Are you aged 70 years or older? Have you ever been screened for *breast, cervical, prostate or bowel* cancer?

We want to hear from you!

Researchers at the University of Sydney are interested in hearing about how you make decisions for breast, cervical, prostate and/or bowel cancer screening.

Participants will be asked to complete:

- A short online or paper-based survey (5 mins)
- A one-off telephone interview (45-60 mins)

Location

- All interviews will be on the telephone

Are you eligible?

- 70 years or older
- Living in Australia
- Can read, understand, and speak English
- No diagnosis of dementia
- Have screened for breast, cervical, prostate or bowel cancer at least once



If you want more information, call or email Jenna Smith: jenna.smith@sydney.edu.au 0402 655 602

Our 40th Anniversary Celebration and launch of Retire Active SA



The Tapliners perform the Can Can, (more pictures overleaf).



From top, clockwise: The Bushband perform. Invited guests L to R: Rachel Telfer, Cathie Graham, Amy Grantham, Rachel Sanderson, Anthea, Carolyn Power, Allan Jameson (Council member), Phillip Martin. Jessica lighting the sparklers on the cake. The Radio Players perform. (Photos David Sandison).